

HealthWorks MARCH SPLASH AAU Invitational



Saturday March 19th 2011
Meet sponsored by US Masters Swimmer Starr Campbell



AAU Sanction:

Location: HealthWorks Fitness Center
304 North Madison, El Dorado, AR 71730

Facility: 6 lane, 25 yard pool with non-turbulent lane ropes.
Colorado electronic timing system with touch pads and
Display electronic board.

Directions: From Hwy 82 (Hillsboro)
Go north on Northwest Avenue.
Turn Right on Main street
Turn Left on Madison Avenue HealthWorks will be on the Left.
(There is a white water tower located right behind the facility)

Lodging: Country Inn & Suites (870) 881-0455 (West Eldorado)
Hampton Inn (870) 862-1800 (East El Dorado)
Holiday Inn Express (870) 881-8900 (East El Dorado)

Schedule: Warm-ups 8:00am Meet will start at 9:00am

Fun Time: There will be a 15 minute break after event #22
So the swimmers may ride the waterslides (must be 48 inches tall)

Events: All events will be timed finials.

Entry Limit: Each swimmer may enter 6 individual events and 1 relay.

Entry Fee: \$20.00 Surcharge per swimmer (includes relay and individual entries)
Make checks out to HFC Aquatics
Mail to HealthWorks Fitness Center c/o Coach Farrin
304 North Madison El Dorado, AR 71730

Heat Sheets: Heat sheets will be for sale \$3.00 ea.

Scoring/Awards: Individual → 7-5-4-3-2-1; Relays → 14-10-8-6-4-2
Awards will be given for the top individual high point AND runner up winners in
EACH age group (Boys & Girls 8&U, 9-10, 11-12, 13-14, 15-18) and Ribbons for
1st-6th place. **Team Trophies for all teams (must have 5 or more swimmers)**

Heat Winners: Throughout the meet there will be a heat winner **PRIZE** for certain events; T-shirts,
Smoothies, key chains etc.

Food: Will be available at the concession stand and city blends will be open for Smoothies.

Entry Deadline: Entries and payment must be received by Thursday March 10th, 2011
A Psych sheet will be sent out by Tuesday March 15th.
Final changes must be in by 6:00pm Wednesday March 16th
Please submit all entries using Hytek and email to hfaquatics@suddenlinkmail.com



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Events:

Girls	Age	Distance	Stroke	Boys
1	11 - 18	500	Free	2
3	12 & U	200	FREE RELAY	4
5	13 - 18	200	FREE RELAY	6
7	8 & U	25	Free	8
9	18 & U	50	Free	10
11	8 & U	25	Back	12
13	12 & U	50	Back	14
15	13 - 18	100	Back	16
17	8 & U	25	Breast	18
19	12 & U	50	Breast	20
21	13 - 18	100	Breast	22
23	8 & U	25	Butterfly	24
25	12 & U	50	Butterfly	26
27	13 - 18	100	Butterfly	28
29	12 & U	100	IM	30
31	13 - 18	200	IM	32
33	12 & U	100	Free	34
35	13 - 18	100	Free	36

Only the top 12 will be seeded in the 500 Free